

## Comparison At-a-Glance<sup>1</sup>

Adult Day Services  
Assisted Living  
Home Care  
Nursing Homes

Live at home with family and loved ones	●	●	●	○
Social opportunities with peers under caring supervision	●	●	○	●
Nursing care available as needed during the day	●	●	●	●
Flexibility to receive care only on days when needed	●	●	●	○
Participation in therapeutic activities for body and mind	●	●	●	●
Medications monitored and supervised daily	●	●	●	●
Dietitian oversees meal plan and eating is monitored daily	●	●	●	●
Transportation provided with door-to-door assistance	●	●	na	na
Designed for seniors	●	●	●	●
Designed for adults of any age with intellectual or developmental disabilities	●	○	●	○
24-hour care available	○	●	●	●
Aggregate amount spent in U.S. (in \$ billions, estimated) <sup>2</sup>	\$2-3	\$35-45	\$60-70	\$130-140